

# COLLEGE of O&G TEACHING CONFERENCE

*" The Old and The New "*

November 20-22, 2009

ONE WORLD HOTEL  
First Avenue, Bandar Utama City Centre,  
Petaling Jaya, Selangor, Malaysia

*organized by*

COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS  
**Academy of Medicine of Malaysia**



*in collaboration with*



COLLEGE OF OBSTETRICIANS  
& GYNAECOLOGISTS, SINGAPORE



INTERNATIONAL MENOPAUSE  
SOCIETY



THAI MENOPAUSE SOCIETY



MINISTRY OF HEALTH MALAYSIA

**FINAL ANNOUNCEMENT**



## COLLEGE OF O&G TEACHING CONFERENCE 2009

### WELCOME MESSAGE

The College of Obstetricians & Gynaecologists, Academy of Medicine of Malaysia (COGAMM), in line with its objectives, is organizing this College of O&G Teaching Conference 2009.

As the name suggests, this conference is not a Congress, and thus, there will be no trade exhibition with booths, or any social activities.

This 3-day conference will concentrate on teaching the participants on important & relevant issues pertaining to Obstetrics & Gynaecology, along the main theme of *"The Old and The New!"* The Organising Committee has planned for a good array of topics, in the hope that this conference will interest and appeal to the participants. Of course, it cannot include all topics in Obstetrics & Gynaecology.

For many of us, this conference is a good platform to refresh our knowledge, and at the same time, update it as part of our own Continuous Professional Development (CPD).

It is hoped that the knowledge gained during this teaching conference will enhance the practice of obstetrics & gynaecology of the participants, and help to improve the standard & quality of care to the patients.

We have invited a good number of able lecturers to teach us. To them, we say thank you for sparing time and effort to help us in this Teaching Conference.

We are indebted to our collaborating agencies for joining us and helping us plan towards a successful teaching conference. We are grateful for this act of comradeship.

We also thank the sponsors for showing their commitment towards Continuous Professional Development (CPD) of our O&G fraternity, this in spite of the fact that there will be no opportunity for them to display their goods and have direct contact with the participants.

I wish you all a fruitful time at this conference and Happy Learning !

Dr Hean-Choon Ong, *FRCOG*  
Chairman, Organising Committee



## COLLEGE OF O&G TEACHING CONFERENCE 2009

### ORGANISING COMMITTEE

Chairman	Dr Hean-Choon Ong
Secretary	Dato Dr N. Sivamohan
Treasurer	Dr Abdul Onny Yahya
Members:	Dato Dr Mukudan Krishnan Dr P. Paramjothi Professor Zainul Rashid Professor M.A. Jamil Professor P.C. Tan
Secretariat:	Ms Angeline N. Ong
Assisting Secretariat:	Wyeth Malaysia Sdn Bhd ( Mr Jimmy Yow & Mr Freddie Tan )
<b>Secretariat Address:</b>	KL Menopause Centre 1 <sup>st</sup> Floor, Bangunan Lembaga Tabung Haji 148 Jalan Ipoh 51200 Kuala Lumpur, Malaysia  Tel. Nos. 6 03 40417088 / 40417541 Fax No. 6 03 40419722 Mobile Nos. 012 2188891 ( Dr H.C. Ong ) 012 3358891 ( Ms Angeline N Ong ) <b>e-mails dronghc@myjaring.net angeln@pd.jaring.my</b>



COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS  
Academy of Medicine of Malaysia

EXECUTIVE COUNCIL 2009

<b>President</b>	Datuk Dr Johan Thambu Malek
<b>Vice-President</b>	Dato Dr Alex Mathews
<b>Hon Secretary</b>	Dato Dr N Sivamohan
<b>Hon Deputy Secretary</b>	Dr Hean-Choon Ong
<b>Treasurer</b>	Dr Abdul Onny Yahya
<b>Members</b>	Prof Dato Dr N Sivalingam
	Dr Michael Samy
	Dr Ng Kwee Boon

**COGAMM Address:**

**College of Obstetricians & Gynaecologists  
Academy of Medicine of Malaysia  
19 Jalan Folly Barat,  
50480 Kuala Lumpur**

Tel. No. 6 03 20930100, Fax No. 6 03 20930200  
**e-mail address : [acadmed@po.jaring.my](mailto:acadmed@po.jaring.my)**



## COLLEGE OF O&G TEACHING CONFERENCE 2009

### INVITED SPEAKERS

#### OVERSEAS & SINGAPORE SPEAKERS

**Professor Anne Gompel**

Unite' de Gynecologie endocrinienne  
Hotel-Dieu de Paris, Universite' Paris Descartes  
Paris, France

**Dr Tobias Johannes de Villiers**

President-Elect, International Menopause Society  
Panorama MediClinic, Parow,  
South Africa

**Professor Emeritus Khunying Kobchitt Limpaphayom**

President, Thai Menopause Society  
Department of Obstetrics & Gynecology  
Faculty of Medicine, Chulalongkorn University  
Bangkok, Thailand

**Professor Biran Affandi**

President, College of O&G Indonesia  
Department of Obstetrics & Gynecology  
University of Indonesia  
Klinik Raden Salleh, Jakarta Pusat, Indonesia

**Dr Anupriya Agarwal**

Associate Consultant  
Department of Obstetrics & Gynaecology  
National University Hospital  
Singapore

**Dr Roland Chieng**

Consultant  
Department of Obstetrics & Gynaecology  
Singapore General Hospital  
Singapore

**Dr Roy Ng**

Consultant  
Gynae Consultants' Clinic & Surgery  
Mount Elizabeth Hospital  
Singapore

#### LOCAL SPEAKERS

**Professor M.A. Jamil**

Department of Obstetrics & Gynaecology  
Faculty of Medicine  
Univeristy Kebangsaan Malaysia  
Kuala Lumpur

**Professor Zainul Rashid**

Department of Obstetrics & Gynaecology  
Faculty of Medicine  
University Kebangsaan Malaysia  
Kuala Lumpur

**Professor P.C. Tan**

Department of Obstetrics & Gynaecology  
Faculty of Medicine  
University Malaya Medical Centre  
Kuala Lumpur

**Dato Dr K. Mukudan**

National Head of O & G Malaysia  
Consultant Obstetrician & Gynaecologist  
Hospital Ipoh  
Ipoh, Perak

**Dato Dr Alex Mathews**

Consultant Obstetrician & Gynaecologist  
Gleneagles Intan Medical Centre  
Kuala Lumpur

**Dr Wong Wai Ping**

Consultant Obstetrician & Gynaecologist  
Pantai Medical Centre  
Kuala Lumpur

**Dr Haris Hamzah**

Consultant Obstetrician & Gynaecologist  
Sime Darby Specialist Centre Subang  
Subang Jaya  
Selangor

**Datuk Dr Ravindran Jegasothy**

Head, Department of Obstetrics &  
Gynaecology,  
Hospital Kuala Lumpur, Kuala Lumpur

**Assoc. Professor B.K. Lim**

Consultant Gynae Oncologist  
Department of Obstetrics & Gynaecology  
University Malaya Medical Centre  
Kuala Lumpur

**Dr Hean-Choon Ong**

Consultant Obstetrician & Gynaecologist  
& Menopause Consultant,  
KL Menopause Centre/Klinik Wanita H.C. Ong  
Kuala Lumpur

**Dr Gangaram Hemandas**

Consultant Dermatologist  
Prince Court Medical Centre  
Kuala Lumpur

**Dr. Paul Ng Hock Oon**

Consultant Obstetrician & Gynaecologist  
Gynae Oncologist  
Pantai Hospital Bangsar  
Kuala Lumpur

**Dr P. Paramjothi**

Consultant Obstetrician & Gynaecologist  
Hospital Selayang  
Selayang,  
Selangor

**Dato Dr NKS Tharmaseelan**

Consultant Obstetrician & Gynaecologist  
Medico-Legal Advisor, MPS  
PD Specialist Centre  
Port Dickson, Negeri Sembilan

**Professor Dato Dr N. Sivalingam**

Department of Obstetrics & Gynaecology  
International Medical University  
Bukit Jalil, Selangor

**Professor Menaka Hariharan**

Consultant Hematologist  
University of Malaya Medical Centre  
Kuala Lumpur

**Professor Yip Cheng Har**

Consultant Breast Surgeon  
Department of Surgery  
University of Malaya Medical Centre,  
Kuala Lumpur

**Professor S.P. Chan**

Consultant Physician & Endocrinologist  
Department of Medicine  
University Malaya Medical Centre, Kuala Lumpur

**Dato Dr N. Sivamohan**

Consultant Gynae Oncologist  
Damansara Specialist Hospital  
Petaling Jaya

**Mr P.S. Ranjan**

Advocate & Solicitor  
P. S. Ranjan & Co  
Kuala Lumpur

**Dr Philip Kho**

Consultant Obstetrician & Gynaecologist  
Kuching Specialist Hospital  
Kuching, Sarawak



COLLEGE OF O&G TEACHING CONFERENCE 2009

# C O N G R E S S P R O G R A M M E

OPENING CEREMONY Friday, November 20, 2009  
0800 – 0945 am

- 8.00am      Guests to be seated  
  
                 Arrival of VIPs
- 8.25am      Entrance of VIPs into hall
- 8.30am      **Welcome Address**  
                 *Dr Hean-Choon Ong*  
                 *Chairman, Organising Committee*
- 8.38am      **Speech**  
                 *YBhg Datuk Dr Johan Thambu Malek*  
                 *President, College of Obstetricians & Gynaecologists*  
                 *Academy of Medicine of Malaysia*
- 8.46am      **Speech**  
                 *Dr Lai Fon-Min*  
                 *President, College of Obstetricians & Gynaecologists*  
                 *Academy of Medicine of Singapore*
- 8.54am      **Speech**  
                 *Dr Tobie de Villiers*  
                 *President-Elect, International Menopause Society*
- 9.02am      **Speech**  
                 *Professor Emeritus Khunying Kobchitt Limpaphayom*  
                 *President, Thai Menopause Society*
- 9.10am      **SPEECH & OFFICIAL OPENING of Conference**  
                 ***YB Datuk Seri Liow Tiong Lai***  
                 ***Minister of Health, Malaysia***
- 9.45am      End of Opening Ceremony  
                 Morning Coffee / Tea



FRIDAY November 20, 2009

\*\*\*\*\*

8.30am - 9.45am

**OPENING CEREMONY**

\*\*\*\*\*

9.45am - 10.15am

Morning Coffee/Tea

**SCIENTIFIC PROGRAMME**

10.15 – 10.45am

**KEY-NOTE ADDRESS**

**YBhg Tan Sri Dato Seri Dr Haji Mohd Ismail Merican**

Director-General of Health Malaysia

11.00am - 13.00pm

**SESSION 1**

*Chairperson – Datuk Dr Johan Thambu*

11.00 -11.25

**Recurrent Pregnancy Loss**

*Prof Biran Affandi*

11.25 -11.50

**Routine Mid-Trimester Ultrasound**

*Prof P.C. Tan*

11.50 -12.15

**Breech Presentation – Vaginal vs Abdominal Delivery**

*Datuk Dr Ravindran Jegasothy*

12.15 -12.40

**Management of a Dead Twin**

*Prof M.A. Jamil*

12.40 -13.00

Q&A

13.00pm - 14.00pm

Lunch

14.00pm - 17.00pm

**SESSION 2**

*Chairperson - Dr Lai Fon-Min*

14.00 -14.25

**Caesarean Section on Demand**

*Dato Dr Alex Mathews*

14.25 -14.50

**Third & Fourth Degree Perineal Tears**

*Dr Roy Ng*

14.50 -15.15

**Management of Post-Partum Hemorrhage**

*Dr P. Paramjothi*

15.15 -15.30

Q&A

15.30 -15.55

**Shoulder Dystocia – how to manage ?**

*Dato Prof N. Sivalingam*

15.55 -16.20

**Medico-Legal Issues in Assisted Vaginal Deliveries**

*Dato Dr NKS Tharmaseelan*

16.20 -16.45

**Does a Fetus Have Rights ?**

*Mr P. S. Ranjan*

16.45 -17.00

Q&A

17.00pm

Afternoon Coffee/Tea





SATURDAY November 21, 2009

**8.30am - 10.30am**                      **SESSION 3**      *Chairperson - Dato Dr K Mukudan*

8.30 - 8.55      **Management of the Younger Post-menopausal Woman**

*Dr Tobie de Villiers*

8.55 - 9.20      **Management of the Older Post-menopausal Woman**

*Prof Anne Gompel*

9.20 - 9.30                      Q&A

9.30 -9.55      **Sexual Problems in the Post-Menopausal Woman**

*Prof Emeritus Khunying Kobchitt Limpaphayom*

9.55 -10.20      **Prevention of Post-Menopausal Osteoporosis**

*Dr Tobie de Villiers*

10.20 -10.30                      Q&A

**10.30am - 11.00am**                      Morning Coffee/Tea

**11.00am - 13.00pm**                      **SESSION 4**      *Chairperson - Dr Abdul Onny Yahya*

11.00 -11.25      **The Diabetic Pregnancy – Management Trends**

*Prof S.P. Chan*

11.25 -11.50      **Antepartum Cortico-Steroid Therapy**

*Prof P.C. Tan*

11.50 -12.00                      Q&A

12.00 -12.25      **Management of External Genital Warts**

*Dr Gangaram Hemandas*

12.25 -12.50      **AS04 – Adjuvant Bivalent HPV Vaccine: An Evidence Based Update**

*Dr Paul Ng Hock Oon*

12.50 -13.00                      Q&A

**13.00pm - 14.00pm**                      Lunch

**14.00pm - 17.00pm**                      **SESSION 5**      *Chairperson – Dato Dr Alex Mathews*

14.00 -14.25      **Cord Blood Banking Technology**

*Prof Menaka Hariharan*

14.25 -14.35                      Q&A

14.35 -15.00      **Current Status of Contraceptive Implants**

*Prof Biran Affandi*

15.00 -15.25      **Oral Contraceptives – Benefits beyond Birth-Control**

*Prof Anne Gompel*

15.25 -15.50      **Contraception – What’s New in Malaysia ?**

*Dr Philip Kho*

15.50 -16.00                      Q&A

16.00 -16.25      **Yield of Outpatient Hysteroscopy**

*Dr Anupriya Agarwal*

16.25 -16.50      **Management of Voiding Difficulty after Incontinence Surgery**

*Dr Roy Ng*

16.50 -17.00                      Q&A

**17.00pm**                                      Afternoon Coffee/Tea



COLLEGE OF O&G TEACHING CONFERENCE 2009

SUNDAY November 22, 2009

**8.30am - 10.30am**                      **SESSION 6**      *Chairperson – Dr P Paramjothi*

- 8.30 - 8.55      **The Pre-menstrual Syndrome – Treatment Options**  
*Prof Anne Gompel*
- 8.55 - 9.20      **Current Status of Intra-Uterine Contraceptive Devices**  
*Prof Biran Affandi*
- 9.20 - 9.30                      Q&A
- 9.30 - 9.55      **New Innovations in the Treatment of Osteoporosis**  
*Prof S.P. Chan*
- 9.55 -10.20      **Helping to Protect Diseases Caused by HPV 6,11,16,18**  
*Prof B.K. Lim*
- 10.20 -10.30                      Q&A

**10.30am - 11.00am**                      Morning Coffee/Tea

**11.00am - 13.00pm**                      **SESSION 7**      *Chairperson - Prof Zainul Rashid*

- 11.00 -11.25      **Risk Factors & Diagnosis of Osteoporosis**  
*Dr Tobie de Villiers*
- 11.25 -11.50      **Investigation of Post-menopausal Vaginal Bleeding**  
*Prof Emeritus Khunying Kobchitt Limpaphayom*
- 11.50 -12.00                      Q&A
- 12.00 -12.25      **Hormone Therapy for Menopause & Breast Cancer**  
*Prof Yip Cheng Har*
- 12.25 -12.50      **Premature Menopause – Management Challenges**  
*Dr Hean-Choon Ong*
- 12.50 -13.00                      Q&A

**13.00pm - 14.00pm**                      Lunch

**14.00pm - 17.00pm**                      **SESSION 8**      *Chairperson – Dr H. C. Ong*

- 14.00 -14.25      **Ovarian Tissue Cryo-preservation before gonadotoxic therapy**  
*Dr Roland Chieng*
- 14.25 -14.50      **Current Treatment Options for Male Infertility**  
*Prof Zainul Rashid*
- 14.50 -15.15      **Unexplained Infertility – should we try harder?**  
*Dr Haris Hamzah*
- 15.15 -15.40      **Laparoscopic Surgery for Pelvic Endometriosis**  
*Dr Wong Wai Ping*
- 15.40 -16.00                      Q&A
- 16.00 -16.25      **Controversies & Challenges in the modern management of Uterine Fibroids**  
*Dato Dr Mukudan*
- 16.25 -16.50      **Screening for Ovarian Malignancy – What's New?**  
*Dato Dr N Sivamohan*
- 16.50 -17.00                      Q&A

**17.00pm**                                      Afternoon Coffee/Tea



## COLLEGE OF O&G TEACHING CONFERENCE 2009

### GENERAL INFORMATION

#### **WHO SHOULD ATTEND ?**

MRCOGs, FRCOGs, Masters in O&G holders, other O&G Specialists, Trainee Medical Officers in O&G, and general practitioners with special interest in O&G should attend. ( The conference will be closed to house-officers, nursing personnel, and non-medical personnel ).

#### **LANGUAGE**

The official language of the conference will be English.

#### **CONFERENCE VENUE**

**The conference will be held at the Topaz Ballroom, Ground Floor, One World Hotel, Bandar Utama, Petaling Jaya, Malaysia.**

*( just about 20 steps away from the 1-Utama Shopping Complex )*

The **address** of the **hotel** is:

One World Hotel,  
First Avenue, Bandar Utama City Centre  
47800 Petaling Jaya  
Selangor, Malaysia

Tel No. 6 03 7681 1111 / 6 03 7712 2222 , Fax No. 6 03 7712 2399 / 7681 1188

[www.oneworldhotel.com.my](http://www.oneworldhotel.com.my)

#### **ACCOMMODATION**

Rooms have been arranged with the Conference hotel at preferential rates.

**\*\* Delegates who wish to stay at this venue, please book directly with the hotel, notifying that you are attending this Teaching Conference.**

**Negotiated Room Rates** ( for November 2009 ) are:

	Single (+ 1 breakfast)	Double (+ 2 breakfasts)
Superior	RM 330++	RM 365++
Deluxe	RM 345++	RM 380++
Junior Executive Suite	RM 685++ (+ 2 breakfasts)	



## COLLEGE OF O&G TEACHING CONFERENCE 2009

### **CPD ACCREDITATION**

MMC-CPD Accreditation (MMA)	- 10 CPD points
National Specialist Register (NSR) CPD Accreditation	- 20 CPD points

### **CONFERENCE SECRETARIAT**

The official Conference secretariat is :

KL Menopause Centre  
1<sup>st</sup> Floor, Bangunan Lembaga Tabung Haji  
148 Jalan Ipoh, 51200 Kuala Lumpur, Malaysia  
Tel. No. 6 03 40417088, 40417541  
Fax No. 6 03 40419722  
e-mail: [dronghc@myjaring.net](mailto:dronghc@myjaring.net) or [angeln@pd.jaring.my](mailto:angeln@pd.jaring.my)

All enquiries with regards to this Teaching Conference can be channeled to the secretariat, who will attempt to respond as soon as possible.

### **REGISTRATION**

Registration must be made on the appropriate registration form.  
Photocopies of this form will be accepted.

**Registration is considered complete,  
only if accompanied by the appropriate registration fees.**

### **REGISTRATION FEES**

The Conference Registration fees are as follows :

	<b>before / on 30-09-2009</b>	<b>after 30-09-2009</b>
MRCOGs / FRCOGs	RM 800	RM 900
Masters in O&G	RM 800	RM 900
Other O&G specialists in Malaysia	RM 800	RM 900
O&G Specialists Singapore	RM 800	RM 900
Trainee Medical Officers	RM 550	RM 650
Other doctors	RM 600	RM 700
Overseas specialists	USD 300	USD 300

**Registered participants** will be entitled to

- admission to the Conference programme
- conference materials, including Certificate of Attendance
- coffee & tea breaks, and lunch

**NB Conference bags will be given on a priority basis to pre-registered delegates, and then after that, on a first-come first-served basis, while stocks last**

**There will be no day registrations.**



### **PAYMENTS**

**Cheques, money orders, bank drafts, etc are to be made payable to the "College of Obstetricians & Gynaecologists".**

**Please include bank commission for outstation cheques.** A receipt will be issued for all payments.

This should be sent together with the appropriate Registration Form to the Secretariat.

### **IDENTIFICATION**

Each participant will be given an identification name badge.

NB To avoid any embarrassment, all participants must ensure that they wear their name badges at all times during the conference.

### **CANCELLATIONS**

**Cancellations must be made in writing and accompanied by the appropriate receipts. An administrative charge of 25% will be levied on all cancellations received on or before September 30, 2009.**

***After September 30, 2009, no refund will be given for any cancellation, for whatsoever reasons and for any unforeseen circumstances !***

### **DISCLAIMER**

While every effort will be made to ensure that the programme will be followed, unforeseen circumstances may not allow this.

Hence, any part of the programme may be changed at short notice, and the Organising Committee shall not be held responsible for this.

NB There will be no trade exhibition & no exhibition booths.

A Medical Textbook Exhibition is being organised.

### REGISTRATION SCHEDULE

Thursday ( November 19, 09 )	5.00pm to 7.00pm Secretariat Room, opposite Topaz Ballroom
Friday – Sunday ( November 20-22, 09 )	from 7.30 am onwards Foyer in front of Topaz Ballroom



## SPONSORS

Platinum sponsors

Secretariat

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\* ***Stem-Tech International***

\* ***Unam Pharmaceutical***

\* ***Merck Sharp & Dohme (MSD)***

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NB The Organising Committee of this College of O&G Teaching Conference gratefully thanks all the above companies for their generous support.



## LIST OF SPONSORED SPEAKERS

Thai Menopause Society

Professor Emeritus Khunying Kobchitt Limpaphayom

College of Obstetricians & Gynaecologists, Singapore

1. Dr Anupriya Agarwal
2. Dr Roy Ng
3. Dr Roland Chieng

Schering Plough

1. Professor Anne Gompel
2. Professor Biran Affandi

Wyeth Pharmaceuticals

Dr Tobias Johannes de Villiers

Stem Tech International

Professor Menaka Hariharan

Merck Sharp Dohme (MSD)

Associate Professor B. K. Lim

Unam Pharmaceuticals

Professor S. P. Chan

Glaxo Smith Kline (GSK)

Dr Paul Ng Hock Oon

iNova Pharmaceuticals

Dr Gangaram Hemandas

Janssen-Cilag

Dr Philip Kho

NB The Organising Committee would like to gratefully thank all the above for their generous support of this College of O&G Teaching Conference.



